

The HDS 5 km Walk'n Roll will take place along the Riverfront, starting at Assumption Park, going to Dieppe Park, and back.

Registration starts at 10:00 am, with entertainment and fun. The Walk'n Roll will begin promptly at 11:00 am.

Celebration will be held at 12:30 pm at Assumption Park, where prizes for top pledge earners will be awarded. BBQ meal provided to all participants.

All proceeds raised during the Walk'n Roll will be used to benefit children and adults born with heart defects and their families in the Windsor and Essex County area through the Melissa Trothen Memorial Fund.

Local Support for Local Families

For more information, or to volunteer, please call (519) 973-0915

E-mail address
HeartDefectsSociety@gmail.com

Visit our website at:
www.HeartDefectsSociety.org

Registered Charity Number:
89893 7818 RR0001

Congenital Heart Defects (CHDs) are any malformation of the heart with which a child is born, although they may be detected later in life. They exist alone, or with other defects to form more complex cases.

At least **1 in 100** babies are born with a heart in Windsor and Essex County every year. There are no medical resources in this area for CHD patients and all of them must travel to London or Toronto for any cardiac care.

The Heart Defects Society of Windsor and Essex County is a non-profit organization aimed at providing financial and emotional support to children and adults born with heart defects. The HDS also provides educational information to the community about heart defects.

Please mail completed forms and cheques to:

Heart Defects Society
of Windsor and Essex County
1479 Tecumseh Rd. East.
Windsor, Ontario, N8W 1C2

Or bring to registration at the **Walk'n Roll!**

We would like to thank our sponsors below:



Hearts weren't meant to be born broken.



Walkathon

May 4, 2014
Assumption Park
Riverfront Walk



*Heart Defects Society
of Windsor
and Essex County*

Heart Facts

- ◆ There are more than 40 different types of congenital heart defects [CHD]. Little is known about their cause. Most congenital heart defects can be treated with medication, catheter-based intervention (a non-surgical procedure) or surgery. While treatable, there is no known prevention or cure for CHDs.
- ◆ The (normal) human heart has four chambers, two superior atria and two inferior ventricles. A heart with CHD will have one or more defects, resulting in improper function.
- ◆ There are far fewer resources allocated for the care of adult CHD patients than other cardiac patients. As a result, wait times for clinical visits and surgical intervention are much longer than for other cardiac patients – leading to increased anxiety, added risk and even death.
- ◆ In Canada there are 15 regional facilities to treat adults with CHD – with five designated as “Centres of Excellence”. There are seven cardiologists in Canada who have specifically trained in the field of adult congenital heart defects.

www.HeartDefectsSociety.org

Are you walking:
 In honour of a loved one
 In memory of a loved one
 To raise awareness
 Name of loved one: _____

Participant's Name _____
 Address _____
 Phone _____
 Page _____ of _____

Name	Address			Phone	Pledge Amount **	Pledge rec'd
	Street Address	City	Postal Code			

***Please make cheques payable to Heart Defects Society.**

- ◆ All participants will receive a Walk'n Roll T-shirts while supplies last
- ◆ Top ten pledge earners will receive one of the top prizes listed below:
 - ◇ Caesars Windsor overnight stay with \$100 Caesars gift card
 - ◇ Comfort Inn overnight stay with \$100 Piccolo's gift card
 - ◇ Holiday Inn overnight stay with \$100 Grill 55 gift card
 - ◇ Wine kit with assortment of wine (19+ only)
 - ◇ Digital camera
 - ◇ Kobo e-Reader
 - ◇ I-pod shuffle
 - ◇ BBQ ED Smith basket
 - ◇ Best buy gift card (2 prizes just for kids)

** **Tax receipts** for income tax purposes will be given to those who pledge \$20.00 or more.
 Please provide complete name and address including postal code as neatly as possible to ensure receipt can be issued.

